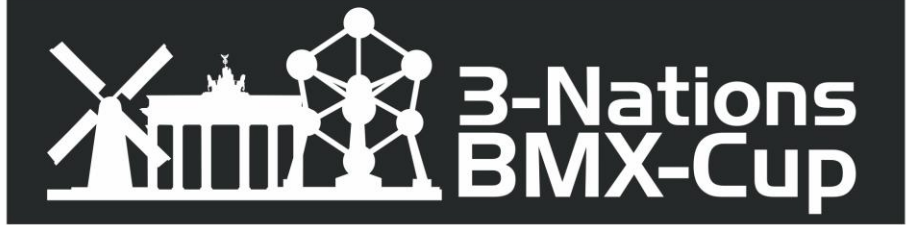




P R E S E N T S



Ahnatal (D) - 03. April - 05. April 2020



**INVITATION  
AHNATAL  
2020  
3NC**

SPONSORED BY:





# Rad-Sport-Club Weimar-Ahnatal e.V.



WE SAY THANK YOU TO ALL  
SPONSORS AND SUPPORTERS  
FOR THE 7th 3-NATIONS BMX-CUP  
AHNATAL / GERMANY

HERZLICHEN DANK AN ALLE  
SPONSOREN UND UNTERSTÜTZER  
DES 7. 3-NATIONS BMX-CUP  
IN AHNTAL / DEUTSCHLAND



WACKER  
NEUSON



## **DEAR GUESTS, WELCOME TO AHNATAL!**

We are very proud and excited, to welcome all athletes, teams, officials and spectators to our international "3-Nations BMX-Cup 2020 Round 1" Race in Ahnatal, in the middle of Germany!

The "3-Nations BMX-Cup" is one of the biggest BMX-Racing Series in Europe and it will held for the 7<sup>th</sup> time in Ahnatal!

This year, athletes will be riding to gain qualification points for Tokyo 2020. The 3-Nations Cup is therefore attractive for Junior- and Elite riders. Some top Teams and riders have already confirmed their attendance at the 3-Nations cup events in 2020. We look forward to welcoming them and watching some exciting racing from some of the worlds best riders alongside the exciting racing offered by the younger age classes.

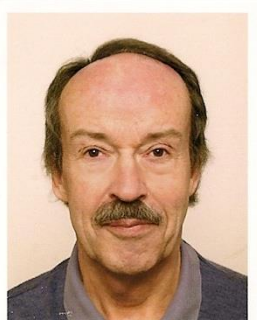
## **A LITTLE HISTORY OF AHNATAL:**

The municipality of Ahnatal was created within the framework of municipal reform in Hessen on 1st August 1972 by the merger of the villages of Weimar and Heckershausen. Since that time Ahnatal experienced a steady upswing. Ahnatal is today an interesting and popular, through a variety of clubs, associations and public institutions distinct residential community in the direct surroundings of the city of Kassel, at the edge of the nature park Hawk forest between Dörnberg and Stahlberg. Ahnatal far has a millennial history. You can even assume that people here have already lived in the 4th century before Christ's birth. Finds from this period are testimony.

We hope to meet you all here in Ahnatal, you are welcome!



**Michael Aufenanger**  
Mayor of Ahnatal



**Klaus Kinne**  
President  
RSC-Weimar-Ahnatal



**Carsten Rövenstrunk**  
BMX-Racing  
RSC-Weimar-Ahnatal

### **GENERAL RULES:**

The UCI regulations, in particular Title 6, Racing regulations BMX in the last published edition, are applicable to the 3-Nations-Cup.

### **FRONT- AND SIDEPLATES:**

The front- and side-plates are provided by the organizing committee of the 3 Nations Cup in 2020. The use of these front- and side-plates during races and training sessions for the 3 Nations Cup is compulsory for all classes with exception of the women/men Elite who will use their own plates or International Elite Number. The plates will only be provided once and are therefore to be used during all three races which form part of the 3 Nations Cup. In case the plates are no longer usable due to damaging or faded print, the rider is responsible to purchase a new set of plates against a fee of € 10,00. In case of a rider not using the provided plates during races or training sessions for the 3 Nations Cup, the rider will not be included in the results and will therefore receive a DNS as result. In case a rider is seen without an official plate during training sessions, he or she will receive an official warning; a subsequent offence will result in disqualification from the event. The plates will be provided to the riders by the national team manager or Chef d' equipes of each country on registration at the races.

### **PEDAL CLICK SYSTEMS:**

The use of interlocking pedal click systems is only allowed for riders holding a license for the age of 13 and older during races and training sessions.

### **CATEGORIES:**

#### **Saturday**

Cruisers Men: 13/16, 17/29, 30/44 and 45+

Cruiser Women : 13+

Girls 8-. 9/10, 11/12, 13/14, 15/16

Boys 8-, 9/10, 11/12, 13/14, 15/16

#### **Sunday**

Girls 8-, 9/10, 11/12, 13/14

Boys 8-, 9/10, 11/12, 13/14

Girls 15/16, Boys 15/16

Women 17+, Men 17+

Junior Women, Junior Men

Elite Women, Elite Men

### **RACES 2020:**

In 2020, the races will be held on the following days and locations:

**Ahnatal: 4. – 5. April 2020**

**Erp: 5. – 6. September 2020**

**Zolder: 25. – 27. September 2020**

On Saturday, only riders with a Belgian, German or Dutch racing license can register. On Sunday, the race is classified as C1 and registration will take place according to the regulations of the UCI.



## REGISTRATION:

Registration for the 3 Nations Cup is done on beforehand with a pre-registering system. Participants can register themselves including the payments by their own federation. Pre-registration and payments closes about two and half weeks before the start of the first race of the 3 Nations Cup. published). It is not possible to enter after this date. After the deadline there will be no refund of the paid registration money. When during pre-registration there are less than five riders for a category, the category concerned will be combined with the next older category. Exception the Cruiser categories of 30 years and older. They will be combined with the first younger category.

All riders (with exception of the challenge riders who have a license issued by the Belgium, German or Dutch Federation) are able to register themselves on the Sunday race (regular fees apply). Junior and elite riders with a license by the Belgium, German or Dutch Federation are allowed to register themselves on Sunday for the Sunday race (double fees apply).

**Deadline for Ahnatal: 18.03.2020 / 23.59 hours**

**Deadline for Erp: 19.08.2020 / 23.59 hours**

**Deadline for Zolder: 09.09.2020 / 23.59 hours**

## ENTRY FEES:

Challenge Classes Boys and Girls 8 and under – 14 years	€ 18,50*
Challenge Classes Men and Women 17+	€ 18,50*
Cruisers	€ 18,50*
Challenge Classes Boys and Girls 15/16	€ 28,50*
Junior Women, Junior Men:	€ 38,50*
Elite Women, Elite Men:	€ 52,50*

The above mentioned numbers apply per day and category. The entry fee includes €3,50 for providing photo finish, numberplates and organization skills.

\*excluding Chef d'équipe fee of € 2,50 for the Dutch riders.

\*additional Digital-Registration Charge for German riders:

Entry fee	Charges
0,00 € - 20,00 €	+ 1.00 €
20.01 € - 34.00 €	+ 1.50 €
34.01 € - 54.00 €	+ 2.00 €

## SIGN-ON:

Every rider is obliged to report to the team manager of their national federation. He/she will check the entry details and the rider will receive wrist bands and at the first race the rider participates front- and side plates for races and training sessions. All riders who did not deregister before the deadline will receive their riders' pack if they report their absence at the team manager or national federation on the day of the race. In case of illness or injury, the team manager has to be notified of the riders' absence. All riders who did not deregister themselves at least 2 hours before the race will start, shall receive a fine of EUR 30,00 by their federation. Riders who are injured during the training are obliged to deregister themselves directly after that training. Riders who will not have collected their wrist bands and plates will be

unregistered by the team managers. Riders are obliged to wear the provided wrist bands. It is not possible to participate in races or training sessions without a wrist band.

**CLUBSHIRTS:**

According to the UCI rules Chapter 1: 1.3.045, 1.03.046, 1.3.047. 1.3.047.01, 1.3.048 and 1.3.049.

**RACE SCHEDULE:**

Challenge: During the first weekend of the 3 Nations Cup, the first moto will be seeded at random. The other races of the first moto will be seeded based on the last race. Championship classes: the races the first moto will be seeded based on the UCI ranking. All races will be seeded according to the scrambled system.

**PRIZES AND AWARDS:**

For all Challenge Categories: Trophies for all 8 riders in the finals.

For all Championship Categories: Prize money as listed below per race, according to the UCI C1 schedule:

Place	Women Junior	Men Junior	Women Elite	Men Elite
1	350,00	350,00	800,00	800,00
2	175,00	175,00	400,00	400,00
3	125,00	125,00	200,00	200,00
4	75,00	75,00	175,00	175,00
5	50,00	50,00	150,00	150,00
6	40,00	40,00	125,00	125,00
7	30,00	30,00	100,00	100,00
8	20,00	20,00	75,00	75,00

**ADDITIONAL SPECIAL-PRICES IN AHNATAL FOR 1<sup>st</sup>- PLACE IN WOMEN ELITE AND 1<sup>st</sup>- PLACE MEN ELITE:**



**THULE VELOSPACE XT2 938 BICYCLE-CARRIER**

### **OVERALL PRIZE-MONEY FOR BOYS/GIRLS 15/16 (BMX Circuit Zolder)**

The prize money for the overall standing in the classes 15/16 boys and girls will be paid to the riders at the last race in Zolder in accordance with the Competition rules as per enclosed breakdown.

Place	Boys 15/16	Girls 15/16
1	500.00 €	500.00 €
2	350.00 €	350.00 €
3	250.00 €	250.00 €
4	200.00 €	200.00 €
5	150.00 €	150.00 €
6	100.00 €	100.00 €
7	90.00 €	90.00 €
8	70.00 €	70.00 €

See attachment 1 for the schedule of the points. All 6 races count toward the final price. In case of equal points after 6 races, the last race will be decisive.

### **PRIZES FOR COMPETITION AFTER 3 OR 6 RACES:**

After the last race of the 3 Nations Cup riders of each class the number 1, 2 and 3 with the highest points receive a medal. See attachment 1 for the schedule of the points. All 3 or 6 races count toward the final price. In case of equal points after 3 or 6 races, the last race will be decisive.

### **3-NATIONS-AWARD**

During the last race of the 3 Nations Cup, the country which has collected the highest number of points over all the 6 races of the 3 Nations Cup, will receive the 3 Nations Cup award.

Only 12 riders who has collected the highest number of points of each country per race earn the points for their country.

In case of equal points after three races, the last race will be decisive and the country with most points from the last race will win the 3 Nations Cup award.

## TIME SCHEDULE FOR TRACKS WITH PRO-SECTION:

### Friday:

10:00 – 22.00	Opening of welcome desk for camping
18:00 – 19.30	Pickup wristbands at chef d'équipe
19:00 – 19:45	Gate practice all Classes up to 12 years
20:00 - 20:45	Gate practice all classes 13 years and over / Cruiser / Women Junior an Elite
21:00 – 21:30	Gate practice and Pro-Section practice Men Junior and Elite

**Time-schedule is subject to changes!**

### Saturday:

Classes (morning - only riders from 3-Nations):

- Girls 8 & -, 9/10, 11/12, 13/14, 15/16
- Boys 8 & -, 9/10, 11/12, 13/14, 15/16
- Cruisers 13/16, 17/29, 30/44, 45+, Cruiser Women 13+

8:00 – 20:00	Opening of welcome desk for camping
9:30 – 10:45	Pickup wristbands at chef d'équipe
10:00 - 11:00	Gate practice for Girls & Boys up to 12 years
11:15 – 12:15	Gate practice for Girls & Boys 13 years and over / Cruiser
12:30 - 15:00	Moto's for Girls & Boys 8 till 16 & Cruisers
15:00 - 16:45	1/8, 1/4, 1/2 and Finals
17:00	Award Ceremony
Following	<b>At Zolder:</b> Award ceremony for competition no. 1,2 and 3 for cruisers category
18:00 – 19.30	Pickup wristbands at chef d'équipe
19:00 - 19:45	Gate practice Challenge riders + Women Junior and Elite
19:45 – 20.30	Gate practice and Pro-Section practice Men Junior and Elite

**Time-schedule is subject to changes!**

### Sunday:

Classes (morning - open race - all nations):

- Girls 8 & -, 9/10, 11/12, 13/14
- Boys 8 & -, 9/10, 11/12, 13/14
- Girls 15/16
- Boys 15/16
- Women 17+
- Men 17+
- Women Junior, Men Junior
- Women Elite, Men Elite

8:00 - 9:30	Pickup wristbands at chef d'équipe
8:00 - 8:50	Warm-up for Girls & Boys 8 till 14
9:00 - 9:20	Warm up Boys/Girls 15/16, Men 17+, Women 17+, Women Junior, Women Elite
9:20 - 9:50	Pro Section Training Men Junior, Men Elite
10:00	Moto's for all classes
Following	1/8, 1/4, 1/2 and finals
Abt. 14:00	Award ceremony for classes without finals
After all finals	Award ceremony for all classes with finals
Following	<b>At Zolder:</b> award ceremony for competition no. 1, 2 and 3 all classes except the cruisers.

**Time-schedule is subject to changes!**

**During practice on Sunday morning, rows 1 and 2 are reserved for the rider 5 up to and included 10 years old!**



### ENTRANCE TICKETS MAX:

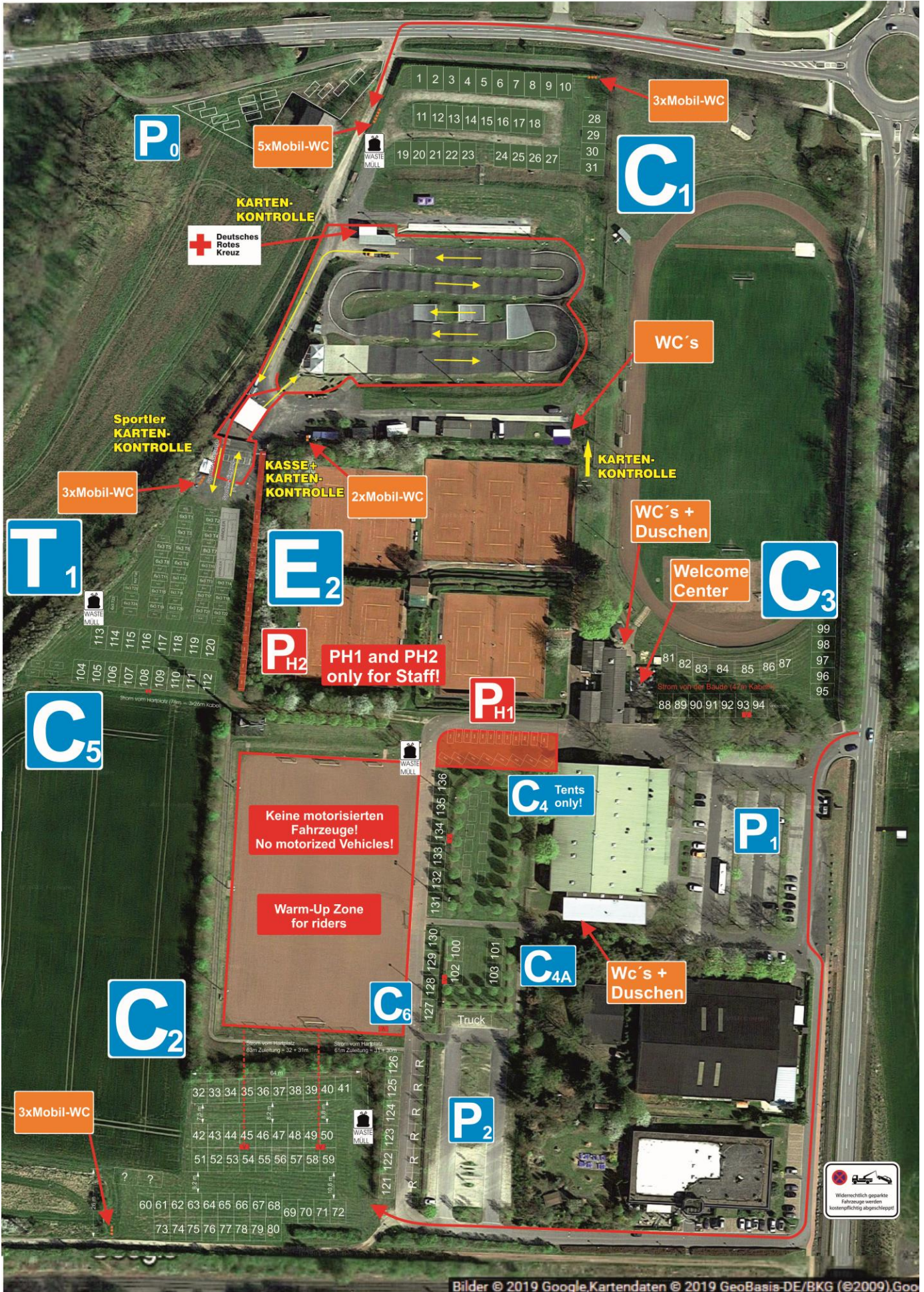
- 13 years and over: Saturday € 8,00, Sunday: € 10,00, passe-partout: € 15,00.
- 5-12 years : Saturday € 5,00, Sunday: € 8,00, passe-partout: € 10,00.

### CONTACT INFORMATION:

Organiser Ahnatal	Rad Sport Club Weimar-Ahnatal <b>Carsten Rövenstrunk</b> Parkstraße 18, D-34246 Vellmar Tel.: +49-173-5408447 Email: <a href="mailto:bmx@hessen-radsport.de">bmx@hessen-radsport.de</a> Website: <a href="http://www.rsc-weimar-ahnatal.eu/bmx.html">www.rsc-weimar-ahnatal.eu/bmx.html</a> Reservation Camping: <a href="#">CAMPING</a> Reservation Teams: <a href="#">TEAMAREA</a>
Organiser Erp	Fcc Wheels Rutger Engelen Heesakker 12, 5469 AV ERP Tel.: 06 – 46 67 35 41 Email: <a href="mailto:fccwheels@outlook.com">fccwheels@outlook.com</a>
Organiser Zolder	VZW Terlamen, Terlaemen 30, 3550 Heusden-Zolder Email: <a href="mailto:ruben.putzeys@circuit-zolder.be">ruben.putzeys@circuit-zolder.be</a> Contactpersoon: Ruben Putzeys Tel nummer: 0494 78 17 95
Dutch Federation	Yvonne Plaisant Email: <a href="mailto:bmx@knwu.nl">bmx@knwu.nl</a> Tel.: +31-6-17707458
German Federation	Falk Putzke; Tel: +49-69-96780043, <a href="mailto:falk.putzke@bdr-online.org">falk.putzke@bdr-online.org</a> Florian Ludewig, Tel.: +49-172-2140933, <a href="mailto:florian.ludewig@gmx.de">florian.ludewig@gmx.de</a>
Belgian Federation	Michel Vermeiren; Tel.: +32-476-438672, <a href="mailto:michel.vermeiren@belgiancycling.be">michel.vermeiren@belgiancycling.be</a>



AHNATAL-VENUE:





### **CAMPING RESERVATION BMX-ARENA AHNATAL:**

Camping Reservation is open from February 1<sup>st</sup> with this link: [CAMPING](#)

(60,- € for Camper / 25,- € for Tent)

On arrival, please report to the Welcome Center first to take the documents!

### **TEAM-AREA RESERVATION BMX-ARENA AHNATAL:**

Team-Area Reservation is open from February 1<sup>st</sup> with this link: [TEAMAREA](#)

Team-Area is available for

- UEC registered Teams
- Trade Teams
- National Teams

Team Area is free for National Teams! All other Teams have to pay 50,- € for the entire weekend. (Tent 6x3m) Parking in connection to Team Paddock is available, max. 1 car / team! Each Team is getting 1 Team-Manager Pass!

On arrival, please report to the Welcome Center first to take the documents!

### **CAMPING NEAR THE TRACK:**

A little Camping site is near the track, named "Campingplatz Bühl".

With a car you can be in 6min. at the track, with a bike it's about 15min.

Adress: <http://www.campingplatz-buehl.de/>

Campingverein Bühl e.V.

Am Bühl 24

34292 Ahnatal

Phone: 0049(0)5609-9216

### **CAMPING IN ZIERENBERG (11km, 15min. by car):**

Adress: [http://campingplatz-zierenberg.de/Campingplatz\\_Zierenberg.htm](http://campingplatz-zierenberg.de/Campingplatz_Zierenberg.htm)

Campingplatz und Gasthaus "Zur Warme"

Im Nordbruch 2

34289 Zierenberg

Phone: 0049(0)5606-3966

Mobile: 0049(0)172-6456601

Mail: [kirchberg-peter@t-online.de](mailto:kirchberg-peter@t-online.de)

**CAMPING IN KASSEL (13km, 30min. by car):**



Adress: <http://www.campingplatz-kassel.de/>

Campingplatz Kassel

Giesenallee 9

34121 Kassel

Phone: 0049(0)561-707707

Mail: [info@campingplatz-kassel.de](mailto:info@campingplatz-kassel.de)

**LIST OF PRIVATE ROOMS IN AHNATAL:**

<http://ahnatal.de/index.php?id=42&L>

**CHEAP GUEST ROOMS IN KASSEL:**

Gästehaus Beckerwelt

Felicitas Birgit Becker

Weidestr. 9A (Office)

34127 Kassel

Phone: 0049(0)172-6938667

E-Mail: [zimmerfrei@beckerwelt.de](mailto:zimmerfrei@beckerwelt.de)

Twitter: @beckerwelt

Google: Beckerwelt-De

Facebook: @beckerwelt

<http://beckerwelt.de/gaestezimmer/>

## HOTELS:



Adress: <http://www.waldhotel-schaeferberg.de>

Waldhotel Schäferberg (6km from track)

Wilhelmsthaler Straße 14

34314 Espenau / Kassel **KEYWORD: BMX!**

Mail: [info@schaeferberg.de](mailto:info@schaeferberg.de)



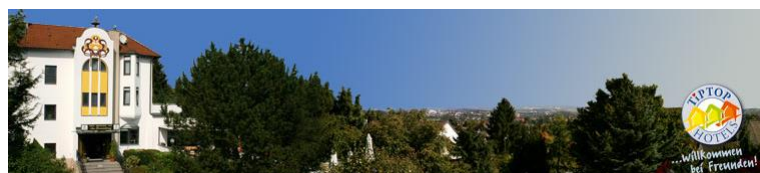
Adress: <http://www.lastrada.de/startseite/>

Hotel la Strada (14km from track)

Raiffeisenstraße 10

34121 Kassel

Mail: [info@lastrada.de](mailto:info@lastrada.de)



Adress: <http://www.amsonnenhang.net>

Hotel Sonnenhang (3,5km from track)

Aspenstraße 6 - Sonnenhang 4

34128 Kassel

Mail: [info@amsonnenhang.net](mailto:info@amsonnenhang.net)





Adress: <http://www.papen-aenne.de>

Hotel und Gasthaus Papen Änne (3,6km from Track)

Wolfhager Straße 425

34128 Kassel

Mail: [hotel@papen-aenne.de](mailto:hotel@papen-aenne.de)



Adress: <http://www.schlosshotel-wilhelmsthal.de>

Schlosshotel Wilhelmsthal (3,3km from Track)

Wilhelmsthal 3

34379 Calden

Mail: [info@schlosshotel-wilhelmsthal.de](mailto:info@schlosshotel-wilhelmsthal.de)



Adress: <http://www.hotel-schweizerhof-kassel.de>

Hotel Schweizer Hof (8km from Track)

Wilhelmshöher Allee 288

34131 Kassel

Mail: [info@hotel-schweizerhof-kassel.de](mailto:info@hotel-schweizerhof-kassel.de)



Adress: <http://www.city-hotel-kassel.de>

City Hotel Kassel (11km from Track)

Wilhelmshöher Allee 38 - 42

34119 Kassel

Mail: [kontakt@city-hotel-kassel](mailto:kontakt@city-hotel-kassel)

HESSEN



Landesschulamt und Lehrkräfteakademie: Lehrerbildung und Personalentwicklung

Adress: [www.lsa.hessen.de](http://www.lsa.hessen.de)

Landesschulamt und Lehrkräfteakademie 12km from Track)

Rothwestener Str. 2-14

34233 Fuldataal

Mail: [ayten.costa@lsa.hessen.de](mailto:ayten.costa@lsa.hessen.de)



Hotel *Haus Schönewald*

Ihr Familienhotel am Tor zum Reinhardswald

Adress: <http://www.hotel-schoenewald.de>

Hotel Haus Schönewald (12km from Track)

Wilhelmstr.17

34233 Fuldataal

Mail: [hotel-schoenewald@t-online.de](mailto:hotel-schoenewald@t-online.de)

### **HOTELS KASSEL COMPLETE LIST:**

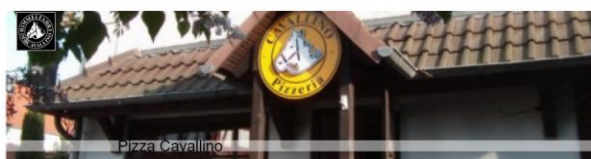
Please find below our link to all Hotels in Kassel and around:

<http://www.hotel.de/de/kassel/hotels-36197/>

## RESTAURANTS IN AHNATAL:



Rinklin Weidegarten  
Heckershäuserstraße 28a  
34292 Ahnatal – Weimar  
Phone: 0049-5609-803588  
Mail: [info@rinklin-weidegarten.de](mailto:info@rinklin-weidegarten.de)



Pizzeria Cavallino  
Hauptstraße 12  
34292 Ahnatal – Heckershausen  
Phone: 0049-5609-808240



Remmler´s Cafe und Gasthaus  
Im Kreuzfeld 2  
34292 Ahnatal - Weimar  
Phone: 0049-5609-6766  
Mail: [info@remmlers.com](mailto:info@remmlers.com)

Pizzeria Palermo  
Oberstraße 2  
34292 Ahnatal – Weimar  
Phone: 0049-5609-804080

Pizzeria Bistro Subito  
Am Kammerberg 46c  
34292 Ahnatal – Kammerberg  
Phone: 0049-5609-804567

**Attachment 1: POINTS BOYS/GIRLS 15-16 YEARS and Competition prices after 3 or 6 races.**

Class 15/16	Place	Points	Class 15/16	Place	Points
Main Finals	1	50	1/2 Finals	1	5
	2	30		2	5
	3	25		3	5
	4	20		4	5
	5	17		5	4
	6	15		6	3
	7	13		7	2
	8	11		8	1
1/4 Finals	1	5	1/8 Finals	1	5
	2	5		2	5
	3	5		3	5
	4	5		4	5
	5	4		5	4
	6	3		6	3
	7	2		7	2
	8	1		8	1
1/16 Finals	1	5	Moto's	1	8
	2	5		2	7
	3	5		3	6
	4	5		4	5
	5	4		5	4
	6	3		6	3
	7	2		7	2
	8	1		8	1